



## Fall and Wandering Prevention Devices

The following items can help make your home safer. Most items can be found online or some local stores. Your Occupational Therapist can help suggest what would be best for you.

### Stop Sign Banner

- Banner placed across doorway provides a reminder not to exit or enter



### Lever Style/Non-Lock Handles or Two-way locks

- Lever style handles are easier to use with limited coordination
- Prevents locking oneself in bathroom/bedroom
- Two-way locks that can be opened from the outside if there is an emergency or the person forgets how to unlock a door



### Door/Window Alarms

- Alarm or other alerting sound (such as a doorbell sound) is activated when a door or window is opened
- This alerts the caregiver that their loved one may be attempting to leave the home



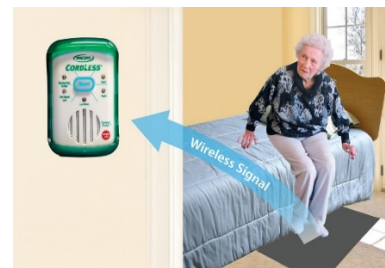
### Chair/Bed Alarm with Option for Caregiver Pager

- A sensor pad is placed on bed or chair under the person
- Gives caregiver an early alert that their loved one is getting up from bed or a chair
- The alarm also serves as a reminder to the person to wait for assistance
- Caregiver pager option allows caregiver to be further away (basement, outside) and eliminates the alarm sound which may be distressing to the person.



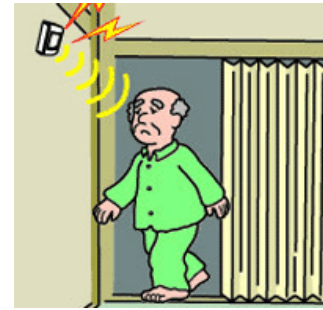
### Pressure Sensitive Mats with Caregiver Pager

- Sensor mat is placed on floor so when the person steps on it an alarm will sound
- This alerts caregiver that the person is getting up
- Consider balance and fall risk when selecting this alarm system
- There is a caregiver pager option with this device



### Motion Sensor with Caregiver Pager

- Allows the person the freedom to move within the home, but alerts caregiver when the person enters rooms with the sensor (i.e. kitchen)



### Motion Sensor Light

- Lights that turn on when movement is detected
- These can be placed on steps, at bedside when a person gets out of bed or in a hallway towards the bathroom



### Toilet Light

- Use as a guide towards toilet at night
- Depending on the product, toilet bowl can be lit up all the time in the dark or be motion sensitive and only turn on when someone enters the bathroom



### Video Monitoring with Smart Phone

- Appropriate for people capable of being alone, but need additional check in support
- Video monitors loved one's activity for safety and changes in routine
- Home monitoring systems are available through many home security companies, cable companies and cell phone plans
- More simple baby monitor type versions are also available to monitor persons in other areas or on different floors of the home. To be used when home with the person.



### GPS Tracking Systems

- GPS tracking using a bracelet, shoe insert or wallet card
- Location monitor is by smart phone
- Helpful for people who might walk away from home or get separated from family in a busy location
- Search 'GPS tracking and the elderly' on the internet for more information



ThisCaringHome.org website can assist with product selection, including pros and cons of multiple products.