**Arthrogram with MRI (Magnetic Resonance Imaging)**

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<th>Testing Location:</th>
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Arrive: 15 30 45 60 minutes before your appointment. Go to: ________________________________.

### About your appointment...
- Call us if you will be late or are not able to keep this appointment. Expect this appointment to last 1 to 2 hours.
- Please be sure to arrange care for your children during your test (we do not provide these services).
- MRI is usually avoided during early pregnancy; talk with your doctor before your MRI scan if you are or suspect you may be pregnant.
- If you are allergic to iodine or have had previous problems with “IV dye,” tell your physician before scheduling this exam.
- If you have claustrophobia, discuss this with your doctor.
- Due to equipment restrictions, talk to the staff if you weigh more than 300 pounds.
- Check with your insurance company about coverage. If they need an okay from your doctor or have other questions, call your doctor's office.
- No special preparation is necessary.

### Important Considerations
Before the MRI it is very important to tell us if you have any of the metal implants or objects listed below. Your doctor will decide if you can be safely scanned.

- □ Aneurysm Clip(s)
- □ Artificial Heart Valve or Heart Surgery
- □ Artificial Limb or Joint(s)
- □ Birth Control Implants
- □ Bone/Joint Surgery
- □ Breast Feeding
- □ Cardiac Pacemaker/Defibrillator
- □ Claustrophobia or difficulty in small spaces
- □ Coil(s), Filter(s), or Stent(s)
- □ Dentures/Partials
- □ Electrical Implant(s)
- □ Hearing Aid(s)
- □ Implanted Drug Pump
- □ IV Access Port
- □ Jewelry, Body Piercing, or Tattoos
- □ Medication Patch or Dressing
- □ Metal Fragments in Body or Eyes
- □ Metal Removed from Eye(s)
- □ Pregnancy (and your LMP)
- □ Prior Ear or Eye Surgery
- □ Radiation Seeds
- □ Shrapnel, Bullet, BB
- □ Surgical Clips/Mesh/Staples
- □ Wig/Hairpins
- □ Work Around Metal
- □ Wound Care Dressing(s) (Silver, Metallic)

### What is a MRI?
Magnetic Resonance Imaging (MRI) is a safe way to allow doctors to see small details inside the body. MRI aims magnetic and radio waves to the part of your body being tested. Any part of the body can be studied with MRI.

### What is an Arthrogram?
An arthrogram shows structure inside a joint such as the cartilage, joint capsule, and ligaments that hold the joint together. These structures are not seen on an ordinary x-ray. A doctor who specializes in x-ray diagnosis will perform your exam.

*continued...*
**Other things to consider**
If you have ever been a metal worker and have had metal removed from your eye(s), you may need x-rays prior to having an MRI.

You will be asked again about pacemakers and pregnancy, when your checklist is reviewed.

You may be asked to review and sign a consent form.

**During the exam:**
- The staff will cleanse your skin where the injection is done with an antiseptic or soap. This kills germs on your skin’s surface to prevent an infection in the joint.
- Your skin is numbed with a local anesthetic to make the exam as painless as possible. A small needle is inserted into your joint.
- X-ray dye is injected into your joint. This allows us to see that we are in the correct spot. Another dye is injected to show up for the MRI. The doctor will take some x-rays after the injection. We will then escort you over to the MRI area where the final pictures are taken.

**After the exam:**
- You can resume non-strenuous activities without harming your joint.
- The dye used may cause a “full” feeling in the joint.
- Your body will absorb the dye within 48 hours, and all normal activities can be resumed.

If you have any questions about your test, feel free to call the radiology department where you had your exam.

**Getting your results**
A doctor who specializes in x-ray diagnosis (radiologist) will send a report to your doctor. Your doctor will share the results and plan of care with you.

*The information presented is intended for general information and educational purposes. It is not intended to replace the advice of your health care provider. Contact your health care provider if you believe you have a health problem.*