

# Wheeled Walker – Maintenance and Troubleshooting

#### Uses

A wheeled walker should only be used for walking. It should **not** be used to pull on to stand up or on the stairs unless your therapist has shown you how to do this safely.

### Before you leave the hospital

Your therapist or vendor should adjust the walker to your height, and the therapist should demonstrate how to use the walker correctly. Also, the vendor should give you additional contact information, which will be important if anything happens to your walker. If the walker was issued by Aurora at Home, their phone number is (414) 327-2295 or 1 (800) 862-2201.

## Maintenance/troubleshooting

*Cleaning:* Your wheeled walker can be cleaned with basic soap and water or spray cleaners.

*Glide caps:* The plastic pieces found on the back of your wheeled walker can wear through or fall off. These can be replaced at most drug stores. Many people cut open tennis balls and place them on the back of the walker to avoid catching on uneven surfaces.

*Wheels:* If the wheels are not rolling well, first make sure that nothing is caught on the wheel. If the wheel is broken, contact the vendor for a replacement part.

*Open/Close Hinge Mechanism:* If the walker no longer "locks" into place when you open it, contact the vendor to ensure your safety when using the device.

## **Other considerations**

Most insurance companies will only pay for one walker every five years, so be sure to keep your walker even if you progress to where you feel you may not need it.