



Ranitidine (Zantac) for Your Baby

Why is it needed?

Ranitidine helps decrease the acid in your baby's stomach. It is used to help relieve heartburn and stomach upset. You will need to keep regular doctor appointments to check how well the medicine is working. The doctor will need to change the dose as your baby grows.

How to give your baby ranitidine:

- Give the dose amount that is printed on the medicine label.
- Give the dose with a small amount of your baby's formula or breast milk. This will ensure your baby takes the whole dose, in case he or she cannot finish a complete feeding.
- We will give you oral syringes and help you practice measuring ranitidine.
- Clean the syringes with hot soapy water and rinse thoroughly after measuring.
- Try your best to evenly space the doses throughout the day. For example, if it is to be given two times a day, try to space it close to every twelve hours.
- Do not stop giving your baby ranitidine unless told to do so by your baby's doctor.

What are the possible side effects?

Call the doctor if your baby:

- Has diarrhea
- Is constipated

What if you miss giving a dose?

It is very important that every dose be given. If you miss a dose, give it as soon as you remember. If you don't remember until close to the next scheduled dose, skip the dose you forgot. **Do not** give a double-dose to make up for a missed dose.

How should you store the ranitidine?

- Store at room temperature in the original container. Keep the container away from direct sunlight.
- Keep it out of the reach of children.
- **Do not** give any medication to others.
- **Do not** use after the expiration date.