



Preparation of High Calorie Breast Milk made with Neosure powder formula®

- To make **22 calorie/ounce** breast milk:

Add 1 teaspoon of level, unpacked Neosure powder to 130 ml or 4 1/3 ounces of breast milk.
Mix well.
Refrigerate unused portion.
Use within 24 hours of preparation

- To make **24 calorie/ounce** breast milk:

Add 1 teaspoon of level, unpacked Neosure powder to 70 ml or 2 1/3 ounces of breast milk.
Mix well.
Refrigerate unused portion.
Use within 24 hours of preparation.

- To make **26 calorie/ounce** breast milk:

Add 1 teaspoons of level, unpacked Neosure powder to 46 mL or 1 1/2 ounces of breast milk.
Mix well.
Refrigerate unused portion.
Use within 24 hours of preparation.

- To make **27 calorie/ounce** breast milk:

Add 1 teaspoons of level, unpacked Neosure powder to 40 mL or 1 1/3 ounces of breast milk.
Mix well.
Refrigerate unused portion.
Use within 24 hours of preparation.

The information presented is intended for general information and educational purposes. It is not intended to replace the advice of your health care provider. Contact your health care provider if you believe you have a health problem. Aurora Health Care is a not-for-profit health care provider and a national leader in efforts to improve the quality of health care.