

Tubular Bandage Stocking Instructions

Your tubular bandage stocking (also referred to as Tubigrip or by other names) is to be worn as directed by your therapist. It is to provide you with light compression to help manage your swelling. Report any problems or concerns to your therapist as soon as possible.

Wearing schedule

- Wear _____ hours as tolerated.
Remove if significant discomfort occurs.
- Remove before bed time.
- Wear 24 hours per day.
- Wear during the day, every day, and remove before bedtime.
- Wear during the night, as tolerated.

General information

- Remove stocking before bathing/showering.
- Remove if you experience unusual pain or discomfort.
- Remove if you notice increased swelling of the toes.
- Remove if you notice numbness of the toes.
- The stocking should never be allowed to roll or fold over behind/at the knee.

Care of tubular bandage/stocking

Your stocking should be washed every other wearing or when soiled. It can be washed in a washing machine with mild soap, but should be hung to dry and never dried in the dryer.

The size you have been fitted with is

_____.

The brand you have been fitted with is

_____.