

## Grapefruit Drug Interaction

*This guide has been prepared for your use by registered dietitians. If you have questions or concerns, please call the nearest Aurora facility to contact a dietitian.*

Some chemotherapy (as well as some cholesterol and blood pressure) medications can have interactions with grapefruit food and beverage products. Taking grapefruit may cause the medication to act differently inside your body. It is advised to avoid grapefruit products while taking the following chemotherapy medications.

### **Avoid having any grapefruit food or beverage products while on the following medications:**

- Ixempra
- Sutent
- Tarceva
- Tasigna
- Tykerb

### **Foods and beverages to avoid:**

- 50/50 soda
- Canned grapefruit
- Fresca
- Fresh grapefruit
- Frozen grapefruit
- Stevita brand liquid stevia (contains grapefruit seed extract)
- Any product that contains “concentrated grapefruit juice” or “grapefruit extract” in the ingredient list