

Quarterly Health of Wisconsin Report

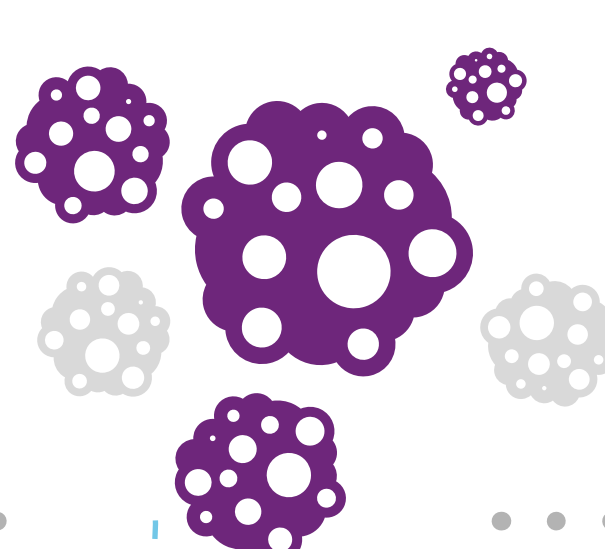


Wisconsin & The Flu

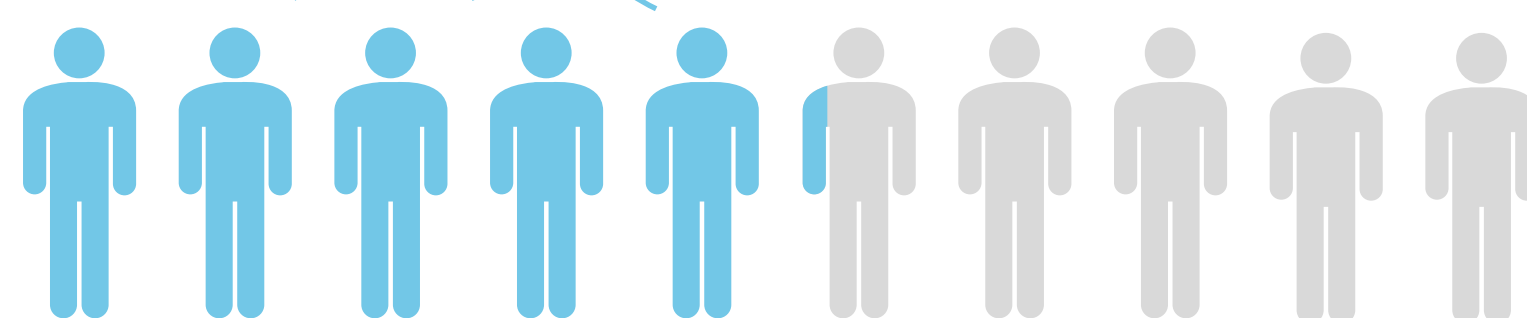
More than **6 in 10** Wisconsin residents say they'll get a flu shot this year



More than **1 in 4** residents see more of a need to get vaccinated this year versus last year



Yet more than half, **52%**



of state residents say they are not at all or even somewhat concerned with getting the flu

Between **5-20%** of the population gets the flu annually*



More than **200,000** people are hospitalized annually from seasonal flu-related complications*



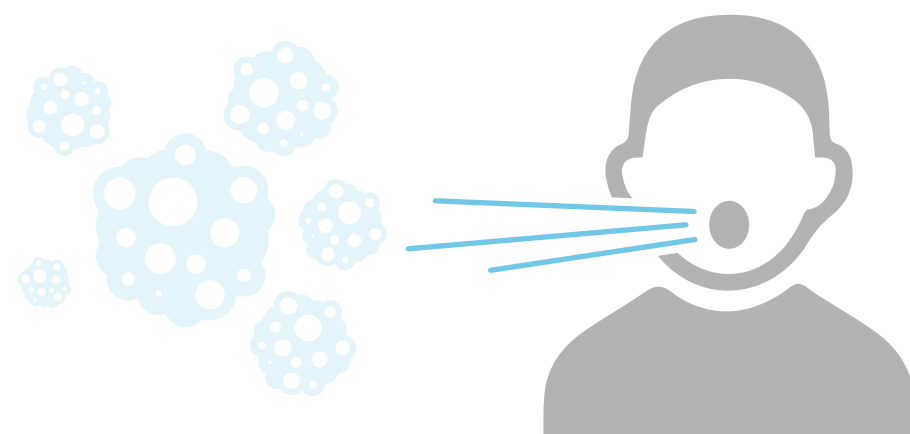
Your best defense against the flu and complications:

Get Vaccinated

*Centers for Disease Control and Prevention



6 best ways to avoid the flu



Get Vaccinated

It's your best defense



Wash your hands

It helps protect you from germs. If soap and water are not available, use an alcohol-based hand rub



Avoid close contact with sick people

And when you are sick, keep your distance from others to protect them from getting sick too



Stay home when you are sick

This helps prevent spreading your illness to others



Cover your mouth and nose

Especially when coughing or sneezing. It may prevent those around you from getting sick



Don't touch your eyes, nose or mouth

Germs are often spread when you touch something that is contaminated with germs and then touch your eyes, nose, or mouth

To learn more about the Quarterly Health of Wisconsin Report, visit aurora.org/healthreport. The margin of error for the study is +/- 3.6 percent.