

Wisconsin's Health Habits

How Wisconsin compares on a national level

When ranked against other states, Wisconsinites don't stack up as well.



VS.



57%



62%

set annual health and wellness goals

68%



75%

consider their current lifestyle healthy

19%



24%

use digital trackers and health-related apps

To learn more about Quarterly Health of Wisconsin Report, or for additional study insights or previous studies, visit aurora.org/healthreport.

The margin of error for the study is +/- 3.6 percent.